React - Create new project

$ npm install -g create-react-app

$ create-react-app my-app

$ cd my-app

$ npm start

React Native - Create new expo project

$ npm install -g create-react-native-app

$ create-react-native-app my-app

$ cd my-app/

$ npm start

React Native alternative - Create new project (without Expo)

$ npm install -g create-react-native-app

$ react-native init my-app

$ cd my-app

$ react-native run-ios OR create-native run-android